

Regina Regal Volleyball Camp



The Regina Regal Volleyball Staff will host the REGAL VOLLEYBALL SUMMER CAMP August 5, 6 and 7th in the High School Gym.

We will work on the fundamentals of the game: passing, setting, spiking and serving, as well as fun stuff like diving and rolling. The camp will be FUN and beneficial for all ages.

<i>Grades (Fall '09)</i>	<i>Times</i>	<i>Cost</i>
3 – 6	8:00 – 9:30	\$50.00
7 – 8	10:00 – 11:30	\$50.00
9 – 12	12:30 – 3:30	\$65.00

Please wear tennis shoes, shorts, t-shirt, knee pads are optional.

Please bring a water bottle and a jump rope, if you have one.

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Please complete a separate form for each participant.

Name _____ Grade (Fall '09) _____

Full Address _____

Parents' Names _____ Phone _____

Emergency Contact _____ Phone _____

T-Shirt Size YM YL AS AM AL AXL

I understand that transportation to and from the Sports Camp is the sole responsibility of the participant. I fully understand that with any athletic activity there is a chance of injury, even when normal safety precautions are being followed. I will not hold Regina Catholic Education Center or any of its employees responsible for injury to my child. My son/daughter has my permission to participate in the Regina Regals Sports Camps.

Parent Signature

Date

Make Checks Payable to: **Club Regal Volleyball**

Send to: Robin Akers, Regina Volleyball
2150 Rochester Ave
Iowa City, IA 52245